



FINISHING

SET UP:

- 20 x 20yd area with gates as shown.
- One group of up to ten players.
- One goalkeeper.
- Ball to each player.

ACTION:

On coaches instruction Player A dribbles the ball forward. Player B moves forward to defend. Player A 'takes on' Player B and gets a shot at goal.

Player A then sprints through the nearest gate and becomes a defender for the next attack. Player B collects the ball and joins the back of the line.

The next attacker starts as soon as Player A shoots.

TIPS:

Attacking player to use learned skills to beat defender.

Defending player to set up side-ways on to the attacker.

Encourage fast transition from attack to defence.

NOTES: